

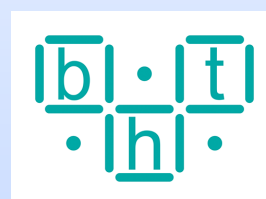


SETUP

South East Training Uniting People

Training and Events Programme 2018 – 2019

SETUP is a partnership between:



Level 2 Emergency First Aid 19 April 2018

10:00 to 4:00

Open Market, Marshalls Row, Brighton, BN1 4JU



This course covers Emergency First Aid which is the initial, but temporary, help given to the victim of injury or sudden illness. It is designed to effectively care for the casualty until the arrival of better qualified or more experienced help.

The session will cover:

Choking, prevention of cross infection, severe bleeding, recording incidents and actions, shock, initial assessment, burns and scalds, care of an unconscious casualty, minor injuries, cardio pulmonary resuscitation (CPR) and seizures.

On completion of the course you will gain an accredited Level 2 Qualification.

Please note you MUST attend the whole day, and be able to get up and down from the floor unaided.

Level 2 Food Safety 15 May and 19 September 2018

9.30am to 3:30 pm

15 May Uckfield Civic centre, Civic Approach, Uckfield, TN22 1AE
19 September Landport Community room, 2a Horsfield road, Lewes,
BN7 2TA

This course is for anyone who prepares or handles food and will help you to develop knowledge of food hygiene principles and to train you to the nationally-required safety level.

The topics covered will include:

- Food poisoning and how to avoid it
- Cleansing and refuse
- Pest control
- Health & safety and safe food handling
- Food safety risk assessments
- COSHH legislation, licensing & more.



On completion of the course you will gain an accredited Level 2 Qualification.

Fundraising for a Community Project 14 November 2018

10.00 – 14.00

Uckfield Civic Centre, Civic Approach, Uckfield, TN22 1AE.



Do you have an idea for a community project, scheme or activity but need funding to help make it happen? This session will help you look at the different types of fundraising, identify potential funders and plan and complete an application form. It will also cover the different aspects of planning a community event or activity, including health and safety, risk assessment and public liability.

SETUP networking events

20 June 2018 in Brighton & 27 February 2019 in Eastbourne

10.00 - 14.00

20 June – Friends Meeting House, Ship Street, Brighton, BN1 1AF
27 February – Eastbourne Town Hall, Grove road, Eastbourne, BN21 4TX

SETUP networking events are a fantastic opportunity to meet and network with tenants from across the South East. You can get new ideas for projects and activities and share knowledge and experience on what works well and what doesn't. This year SETUP are running two networking events and both will include the following topics:

- Top tips for decorating your home
- Learn about Dementia and how to be a Dementia Friend
- How to spot and avoid different types of scams
- Gardening in containers and small spaces
- Opportunities for networking and sharing ideas



Lunch and refreshments will be provided.



SETUP Networking events are very popular and places are limited, so don't miss out – book your places today using the form on the last page!

Booking information for all courses and events

HOW TO BOOK:

Decide on which course/s you would like to attend and fill in the booking form, one for each person. Post or email it to the address on the last page. You will be sent an acknowledgement confirming your booking request within 7 working days of receiving your form

You will be sent further information including details of the venue and map approximately 10 days before the start of the course.

SETUP RIGHT TO CANCEL:

SETUP will aim to make sure that courses run as planned. However, there may be times when, due to circumstances beyond our control, we have to cancel the course. Should this be the case we will give you as much notice as possible.

QUALITY:

We aim to provide good quality courses, run by experienced and qualified trainers in accessible and comfortable venues. Should you be dissatisfied with the course please contact us to discuss your concerns.

HELP US TO HELP YOU:

We recognise that we may need to offer some participants extra support to ensure that everyone gets the most from the course. Please indicate on the booking form, in as much detail as possible, any kind of help you may need. Let us know if you need to bring a carer with you or if you have particular access requirements. Also, let us know if you have any particular dietary requirements. We will do our best to meet these.

SETUP POLICY:

To ensure SETUP events are conducted in a suitable environment, SETUP reserves the right to ask an individual to leave an event if they are causing distress to another delegate. This relates to all forms of harassment including racial, sexual, verbal or physical. Should any problems occur, please bring them to the attention of the tutor as soon as possible.

TO RESERVE YOUR PLACE COMPLETE THE FORM ON THE LAST PAGE AND SEND IT TO:

The Tenant Participation Team: Brighton & Hove Seaside Community Homes

Email: info@seaside-homes.org.uk

Phone: 01273 732061 for help or additional information

Please book me a place on the following courses or events

(please tick)

Committee Skills - 07.03.18

Newhaven

Networking Day - 20.06.18

Brighton

Safeguarding - 27.03.18

Battle

Level 2 Food Safety - 19.06.18

Lewes

Level 2 First Aid - 19.4.18

Brighton

Fundraising for a Community Project

14.11.18 Uckfield

Level 2 Food Safety - 15.05.18

Uckfield

Networking day - 27.02.19

Eastbourne

Name:

Address:

Postcode:

E-Mail Address:

Tel No:

Mobile No:

Please let us know what they are If you have any special dietary needs e.g. vegetarian, dairy free etc.

Please let us know If you have any other access or mobility requirements e.g. hearing loop, mobility aid etc.

